



Beet the Heat

KRUSH'D VITALITY KITCHEN

Do you want to feel energized, healthy and alive? Of course you do! And what better way to start your day than with a juice that incorporates two powerhouse veggies: beets and celery. Krush'd Beet the Heat Juice is packed full of nutrients and health benefits, providing an instant boost to your day. The sweetness of the beets is balanced by the spicy kick of the jalapeño, while the saltiness of the celery ties everything together. So treat your body right and give Beet the Heat a try!

**BEET APPLE LEMON CELERY
CUCUMBER JALAPENO
CILANTRO**



Amount Per Serving		% Daily Value*
Calories	127.4 kcal	6 %
Total Fat	0.7 g	1 %
Saturated Fat	0.2 g	1 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	15 %
Sodium	365.5 mg	10 %
Total Carbohydrate	29.5 g	18 %
Dietary Fiber	4.5 g	
Sugars	17.8 g	
Protein	3.3 g	7 %
	4 % • Vitamin C	46 %
		8 %