

# Nut-Free Oatmeal Raisin Bites

KRUSH'D VITALITY  
KITCHEN

These delicious Nut-Free Oatmeal Raisin Bites are a healthy snack alternative for those with nut allergies! Made with oats, sunflower seed butter, hemp hearts, pure maple syrup, raisins, cinnamon, vanilla bean powder and vegan chocolate chips, these bites are not only vegan and gluten-free, but also nut-free! Perfect for packing in your lunch or taking on the go!

OATS, SUNFLOWER SEED BUTTER, HEMP HEARTS, PURE MAPLE SYRUP, RAISINS, CINNAMON, VANILLA BEAN POWDER, VEGAN CHOCOLATE CHIPS & PINK SALT



Serving Size: 1 x 2 Bite Serving

Amount Per Serving		% Daily Value*
<b>Calories</b>	247.9 kcal	12 %
<b>Total Fat</b>	12.2 g	19 %
Saturated Fat	1.8 g	9 %
Trans Fat	0 g	0 %
<b>Cholesterol</b>	0 mg	3 %
<b>Sodium</b>	84 mg	9 %
<b>Total Carbohydrate</b>	27.4 g	18 %
Dietary Fiber	4.5 g	
Sugars	8 g	16 %
<b>Protein</b>	8.2 g	1 %