



# Vim & Vigor Wellness Shot

## KRUSH'D VITALITY KITCHEN

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Krush'd Vim & Vigor is a wellness shot that provides a boost of energy and detoxification. It is made with all-natural ingredients including carrots, jalapeño peppers, beet juice, lemon, ginger, and cilantro. Cayenne pepper and cilantro are known for their grounding properties.

**CARROT, BEET, CELERY,  
CUCUMBER, LEMON,  
JALAPENO, GINGER,  
CILANTRO, & CAYENNE**

32



Amount Per Serving		% Daily Value*
<b>Calories</b>	42.3 kcal	2 %
<b>Total Fat</b>	0.2 g	0 %
Saturated Fat	0 g	0 %
Trans Fat	0 g	0 %
<b>Cholesterol</b>	0 mg	0 %
<b>Sodium</b>	176 mg	7 %
<b>Total Carbohydrate</b>	9.2 g	3 %
Dietary Fiber	1.4 g	6 %
Sugars	4 g	3 %
<b>Protein</b>	1.5 g	3 %
	13 % • Vitamin C	25 %
		4 %